

Physical Fitness: A Wellness Approach

by Jerrold S Greenberg; David Pargman

Physical fitness : a wellness approach / Jerrold S. Greenberg, David Pargman Greenberg, Jerrold S. View online; Borrow - Buy Preventing Chronic Disease Promoting Prevention Through the . HW - Health And Wellness. HW 101 Wellness and Physical Fitness. Course Description: To introduce the student to a wellness approach to health care. In order Physical Fitness: A Wellness Approach: Jerrold S . - Amazon.com Physical Fitness: A Wellness Approach (English) 2 Sub Edition - Buy . Physical fitness : a wellness approach / Jerrold S. Greenberg, David Pargman. Physical fitness. Health. Note: Includes index. Physical Description: xviii, 331 p. Dr. Jerrold S. Greenberg is a Professor in the Department of Public and Community Health at the University of Maryland. Dr. Greenberg earned his Wellness Weeks: A Total School Approach for Promoting Physical . PHYSICAL FITNESS. A Wellness Approach .Jurnld S. Grmmimm !! HH-wth nfvalmul. IIIIVIII IIIIKIIIJIII. I"irlrufu sum* tlllrmsm. CII-m. CDM-. I ?AI Hot: QU?C GM

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